For safety add 5 minutes after start time & subtract 5 minutes from ending time for sahri & all prayer times; add only 2 minutes after start time for Maghrib & Iftar.

"Zawal Begins" = End time for Israa' & Chasht. Makhruh time is between "Zawal Begin" & "Zawal". Niyayat for Ramadan & Nafil fasting can be done until "Zawal Begin"
For safety add 5 minutes after start time & subtract 5 minutes from ending time for Sahur & all prayer times; add only 2 minutes after start time for Maghrib & Iftar.

"Zawal Begins" – End time for Ishra and Chasht. Makkah time is between “Zawal Begin” & “Zawal”. Niyat for Ramadan & Iftar fasting can be done until “Zawal Begin”.

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